

Contraction News The newsletter of aladin project

April 2025 number 1



Analysis of the relationship between social workers and their beneficiaries

There has been little renewal of social support practices over the past 30 years and people supported are rarely involved in the analysis and improvement of support processes. Professionals find it difficult to introduce new ways of providing support, due to pre-established relationships with people (which often involve unconscious relationships of dominance) and support procedures that leave little room for other ways of providing support. The idea of the project Is to identify aspects of domain relationships, obstacles and levers in these structures towards an egalitarian contribution, involving partners and people supported.

The first step was to build an evaluation framework of the overall process, the audience reached, the partnership and the results of the project. The second was the capitalisation of studies and methodologies on the relations of domination and the obstacles to the change of attitude. In each individual country, the good practices found to facilitate the process of work inclusion and improve the relationship between social workers and workers in disadvantaged conditions have been collected to make those who access the resources aware of what are the activities, methodologies and proposals that already exist and, starting from them, to create a shared and detailed cultural framework. Three resources have been collected for each country describing sociological impact, job prospects, adult education pathways.

The collected resources can be grouped into Research and statistics, Theories/methods, Tools, Projects and jobs The collection of resources allowed for easy access to documentation on the various dominations and which of them is most informative.

ACCOMPANIMENT FREE OF DOMINATIONS A NEW INSERTION

Objectifs of the Project The objectives of the ALADIN project are:

- Moving from a relationship of domination to one of partnership with the people supported
- Develop the skills of adult education and training professionals
- Facilitate the implementation of new forms of support for people in integration that meet the challenges of societal change
- Involve the people supported in the analysis and improvement of the support process
- Support the dynamics of emancipation and success for individuals

Specifically, it aims at developing tools, activities and methodologies that will help develop dynamics of emancipation and success for individuals and specially among vulnerable, low-qualified groups enrolled in training or socio-professional integration programs.

Steps

- **1** Capitalising on existing work on analysing the mechanisms of domination between professionals and the people they support, and the obstacles and levers to changing the attitude of professionals in integration enterprises
- 2 Construction of an "ALADIN" tool V1 to diagnose these dominations, the obstacles and the levers to transform the support
- 3 Training of professionals
- 4 Implementing the tool Testing of V1
- 5 Final version of "ALADIN" tool

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To live the violence of domination to transform situations?

Putting relationships of domination to work, and supporting their consciousness through action, body and reflection, is what the ALADIN project tries to work on. In line with the critical pedagogies stemming from Paolo Freire, we wanted to articulate critical reflection on what is at stake in social relations in integration companies, and transformative action. Transformative in the moment, in the workspace, but also outside these spaces to build egalitarian relationships, through the transformation of the people themselves in their postures, representations, pedagogies. What allows professionals to really change their posture and participate in the transformation of social environments? What shape can their "ethical action" take? Do the emotions (whether violence, anger, conflict) felt make it possible to trigger the transformation of postures? These are the questions we are asking ourselves in this project. The groups were mixed, supervisors and people supported, but the objective of the project is to make professionals aware of the relationships of domination they convey (often against their will). All the participants showed great enthusiasm to work on these issues, although it was sometimes difficult to separate the personal context from the professional, as the two are often linked. To conduct the workshops, we took up the different dominations and asked the people to identify the ones they see the most in their structure (by a diverted quiz). Then, before choosing actions to work on, and to adjust them to the level of the stakes, we played audios, stories of domination, and created the lightning forum. People become aware that these situations can occur in all contexts, that everyone can be concerned, each participant was able to express that in one of the aspects of his life, at a given time, he or she may have been confronted with dominations, The post-consciousness stage and the framework of the methodology and workshops facilitate the liberation and sharing of speech, of experience, which nourishes the group on the continuation of the method (actions to be undertaken and how, interests and imitations). People allow themselves to react, to respond, which they would not dare to do in real life. Exercise has a ripple effect. They realize, whether

they are professionals or people accompanied, that they can react differently, because they glimpse the springs of domination.

In view of the observations we share with you, the choice to start from the concrete and lived experience of people (the body), to link it to social reality and to become aware of social relationships (the head), seems to be effective in transforming the postures of accompaniment.

Several questions remain unanswered: under what conditions does the experience of this approach remain inscribed and reproducible for people in other contexts of their lives? In other words, do they emancipate themselves from this relationship of domination in the long term? How could people who do not see the meaning of their time in these companies have an interest in working on these issues? Does this approach allow, in the long term, to develop an ethical action that spreads to other professionals?



Second meeting

25-29 November 2024 in Italy - Treviso Filippin Intitute





Objectifs of the training:

- To train the professionals on ALADIN's tool that can be used to diagnose existing relationships of domination to move towards support based on an egalitarian relationship freed from domination
- Enable professionals to understand the processes at work when dealing the dominations and learn a methodology for working on them and thus develop their skills
- Supports the change in the purpose of social support
- Prepare professionals for the implementation of the tool during the period from January to June 2025 in their integration structure
- second meeting was in Treviso Italy, from 25 to 28 of November 2024

Partners | Contact

Léris - Laboratoire d'études et de recherche sur l'intervention sociale) - France (leris@leris.org) Consorzio di cooperative sociali EVT - Italy (info@evtnetwork.it) Le Comptoir des Colibris - France (direction@lecomptoirdescolibris.fr) Santa Casa Da Misericordia De Lisboa - Portugal (www.scml.pt) Mode d'emploi - Belgium (e.lambeaux@modedemploiasbl.be)

Calendar

From September 2023 To October 2025